Ben Toms
Technical Director at DataJAR Ltd
@macmule

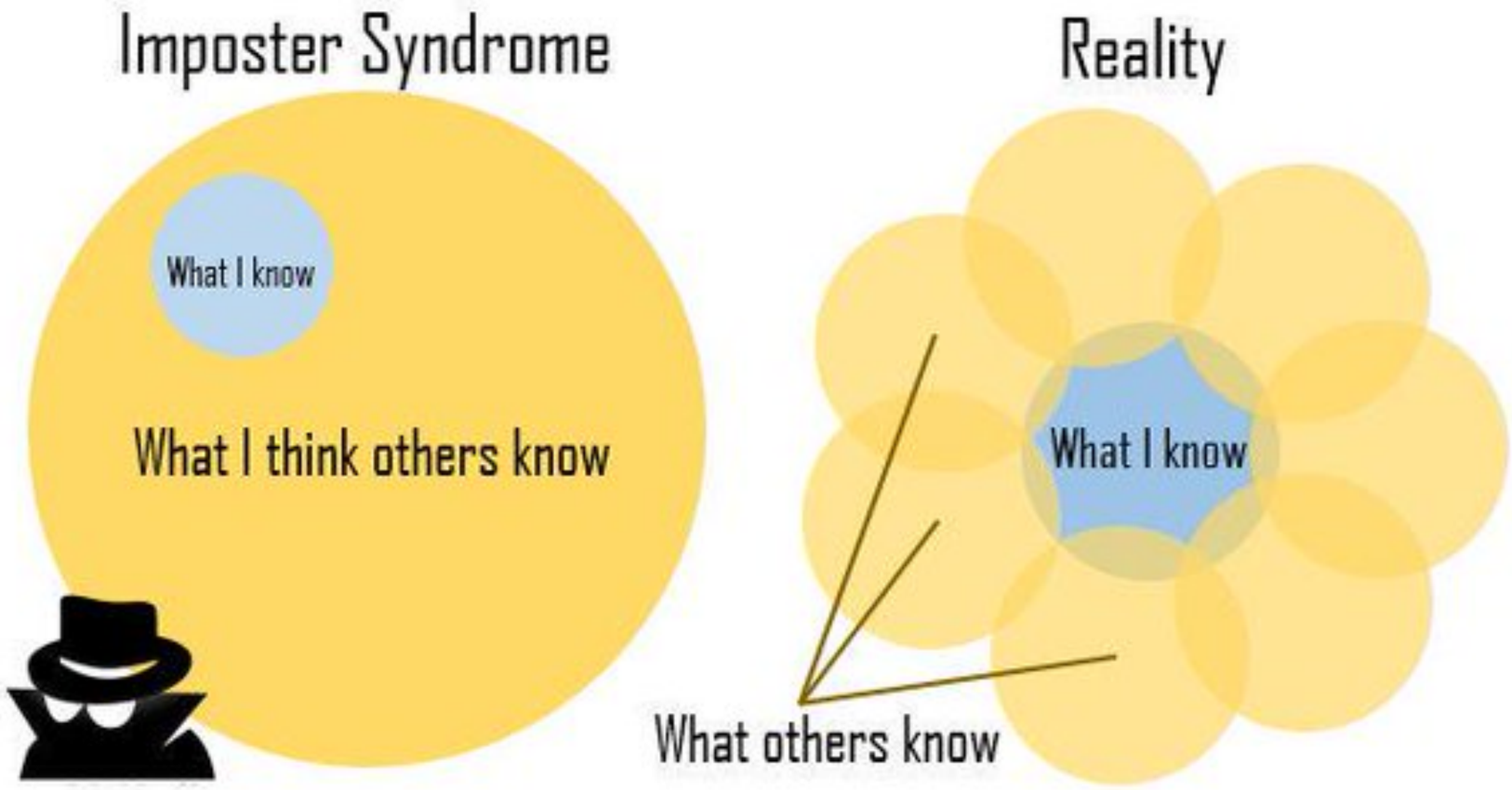
Ellie Shiel
Technical Account Manager at Dr Logic
@rigby

Stephen Warneford-Bygrave
Senior Technical Consultant at moof IT
@wegotoeleven

Any opinions in this presentation don’t represent our employers.

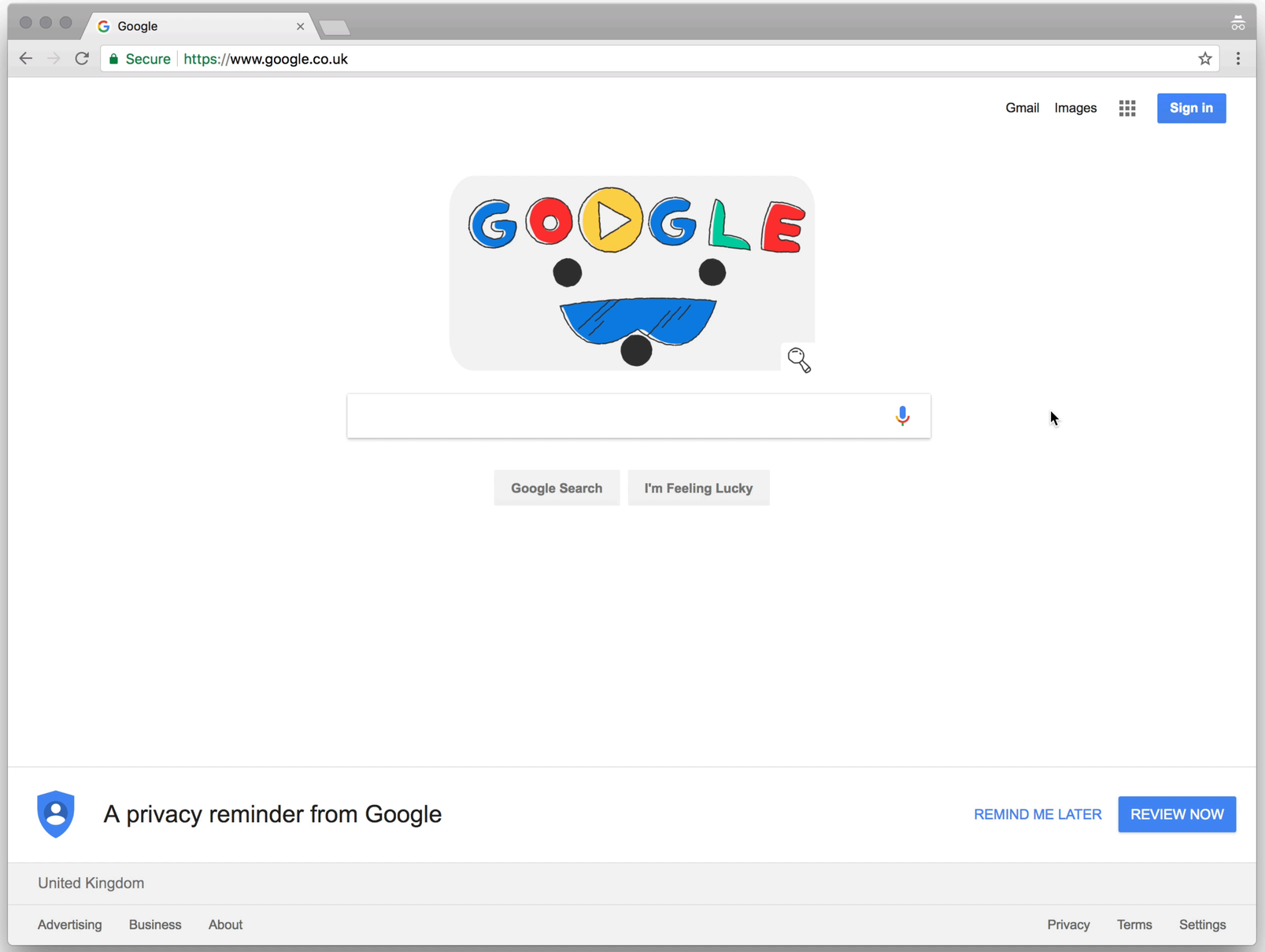
(Free speech doesn’t pay the bills.)

CAT-GIFs.COM


Imposter Syndrome
What I know
What I think others know
Reality
What I know
What others know

Do you have what it takes?!

(Hint: You Do)


Google
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Gmail Images Sign in
GOOGLE
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REMIND ME LATER REVIEW NOW
United Kingdom
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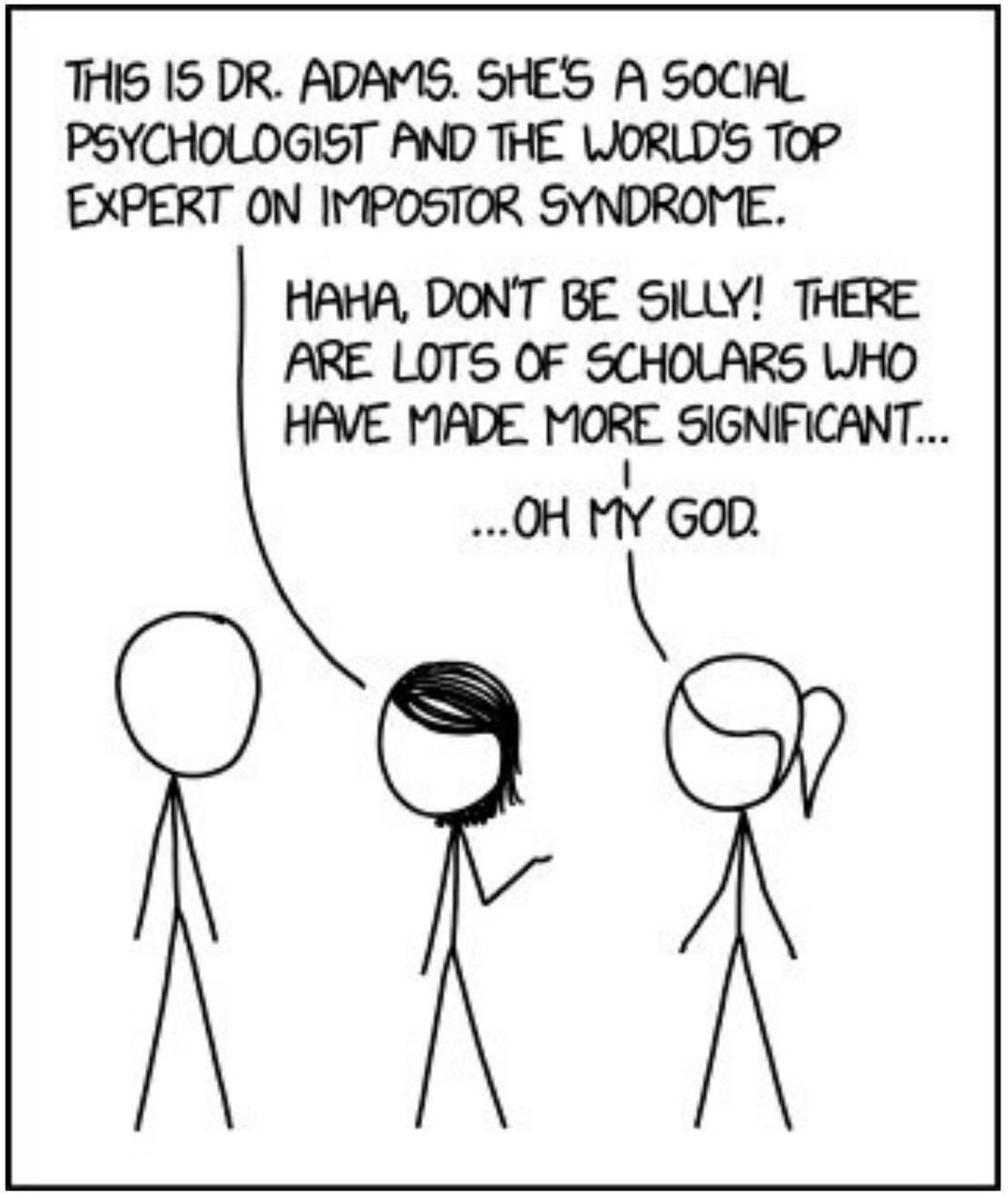
70%

(Jaruwan, 2011)


THIS IS DR. ADAMS. SHE'S A SOCIAL PSYCHOLOGIST AND THE WORLD'S TOP EXPERT ON IMPOSTOR SYNDROME.
HAHA, DON'T BE SILLY! THERE ARE LOTS OF SCHOLARS WHO HAVE MADE MORE SIGNIFICANT...
...OH MY GOD.

References

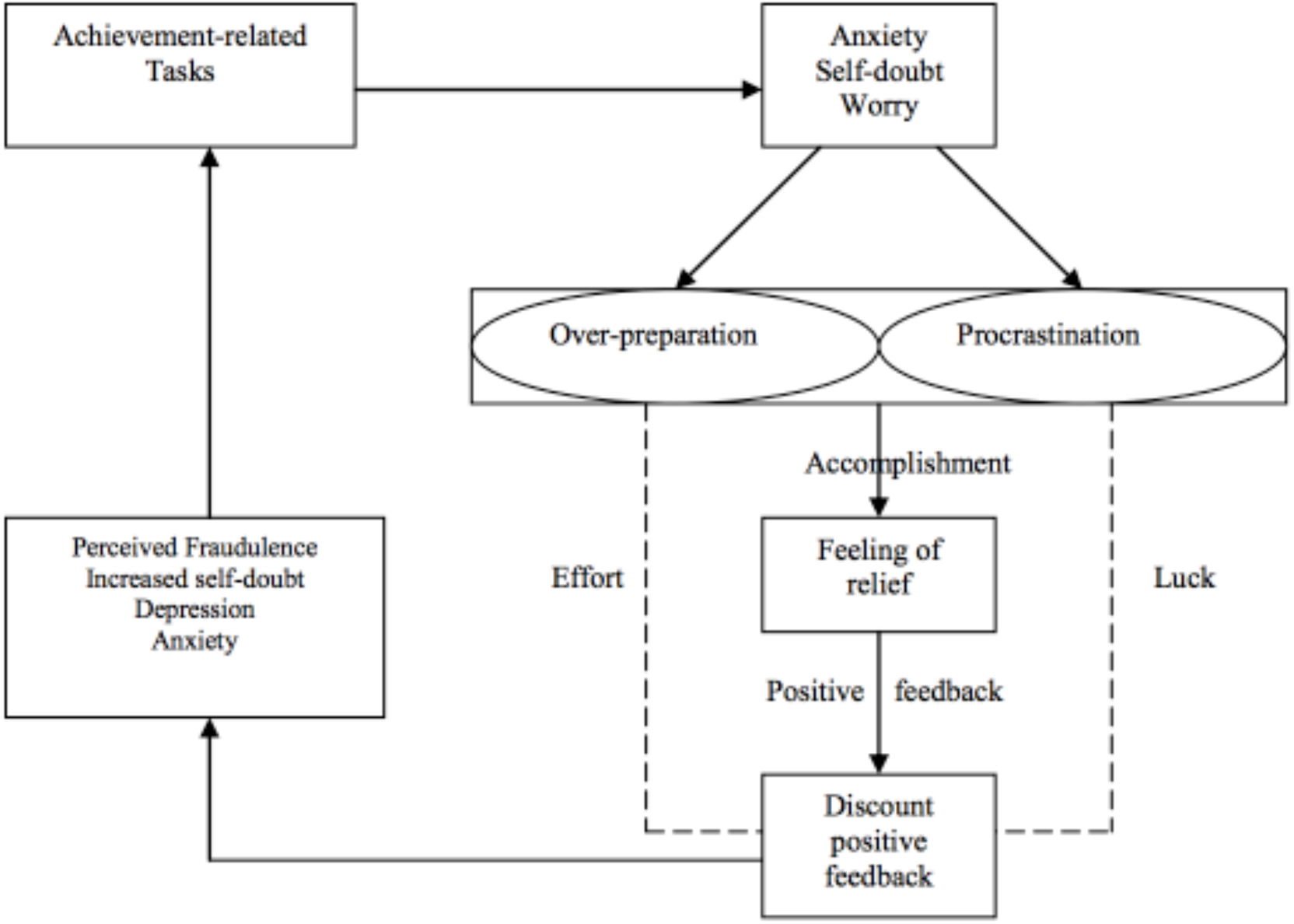
- **The Imposter Phenomenon in High Achieving Women** (https://tinyurl.com/3p869ac)
- **The Imposter Phenomenon** (https://tinyurl.com/y77jwldk)

Principles

- An unexpected performance outcome is attributed to a **stable cause**, and;
- An unexpected performance outcome is attributed to an **unstable cause**.

Principles

- The performance is attributed to an external factor (**luck**)
- The performance is attributed to an internal, but temporary factor (**effort**)


Achievement-related Tasks
Anxiety Self-doubt Worry
Over-preparation
Procrastination
Accomplishment
Effort
Feeling of relief
Luck
Perceived Fraudulence Increased self-doubt Depression Anxiety
Positive feedback
Discount positive feedback

"...make unreasonably low assessments of their performance"

(Want & Kleitman, 2006)

OR DOES IT?

(Me, 2018)

A Zoo of Imposters….

IMPOSTER!

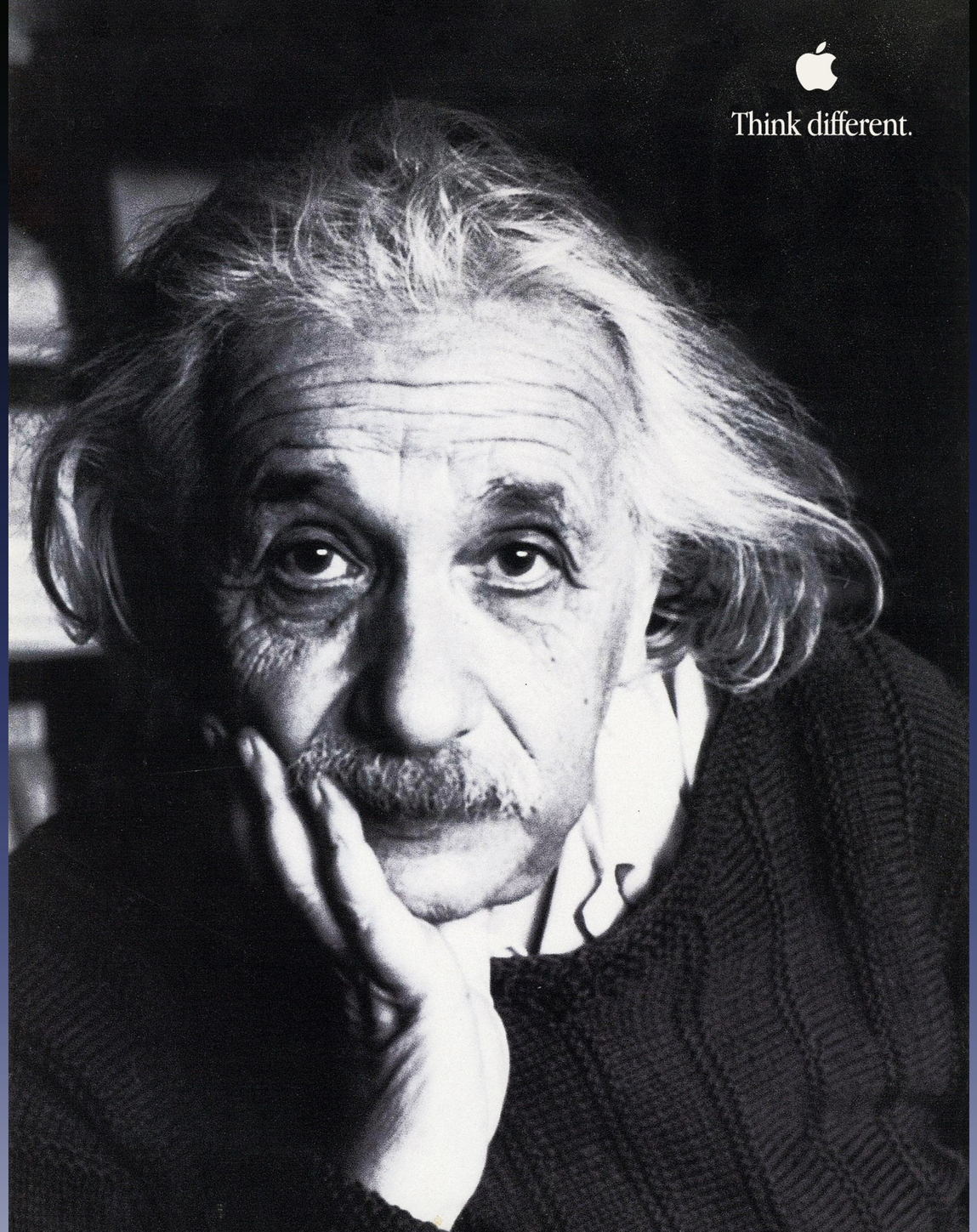
BAILEY

what are other words for imposter?

fraud, pretender, fake, sham, impostor, faker, pseudo, shammer, pseud, role player

Thesaurus.plus

SHURE


Think different.

‘The metacognitive inability of low-ability persons to recognise their own ineptitude’

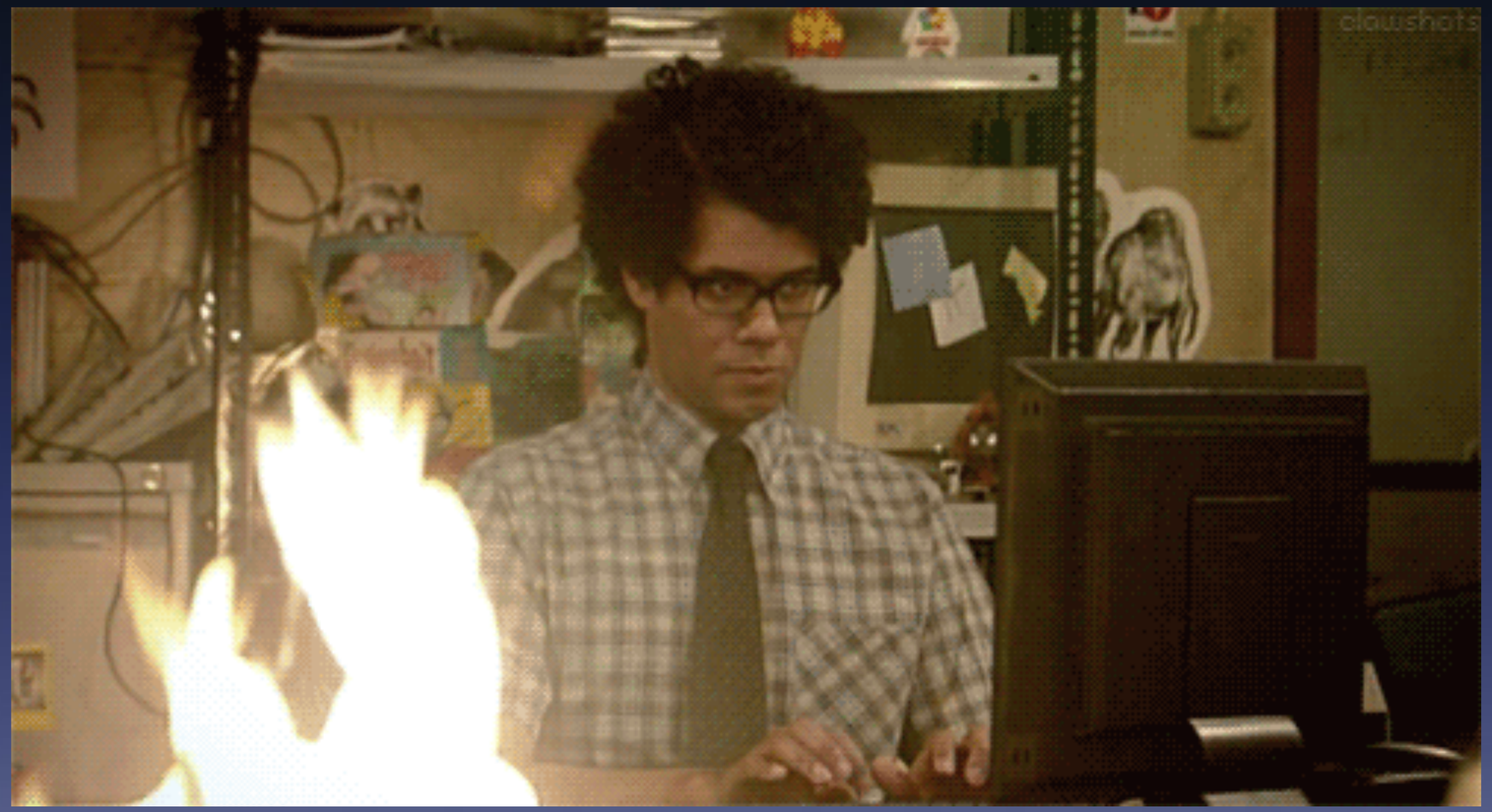
A+
A–
B

“When you ask creative people how they did something, they feel a little guilty because they didn’t really do it, they just saw something. It seemed obvious to them after a while.” — Steve Jobs

1. Give yourself credit

2. Realise nobody knows what they’re doing either

3. Being wrong doesn’t make you an imposter



It *probably* wont end up like this…

You’ll feel more like this…

"I'm **too afraid** to talk about something for **fear** of being shamed by someone else"

"I feel like **I can’t contribute** anything of value"

Marshall
Marshall

DANC

"I'm **too afraid** to talk about something for **fear** of being shamed by someone else"

"I feel like **I can’t contribute** anything of value"

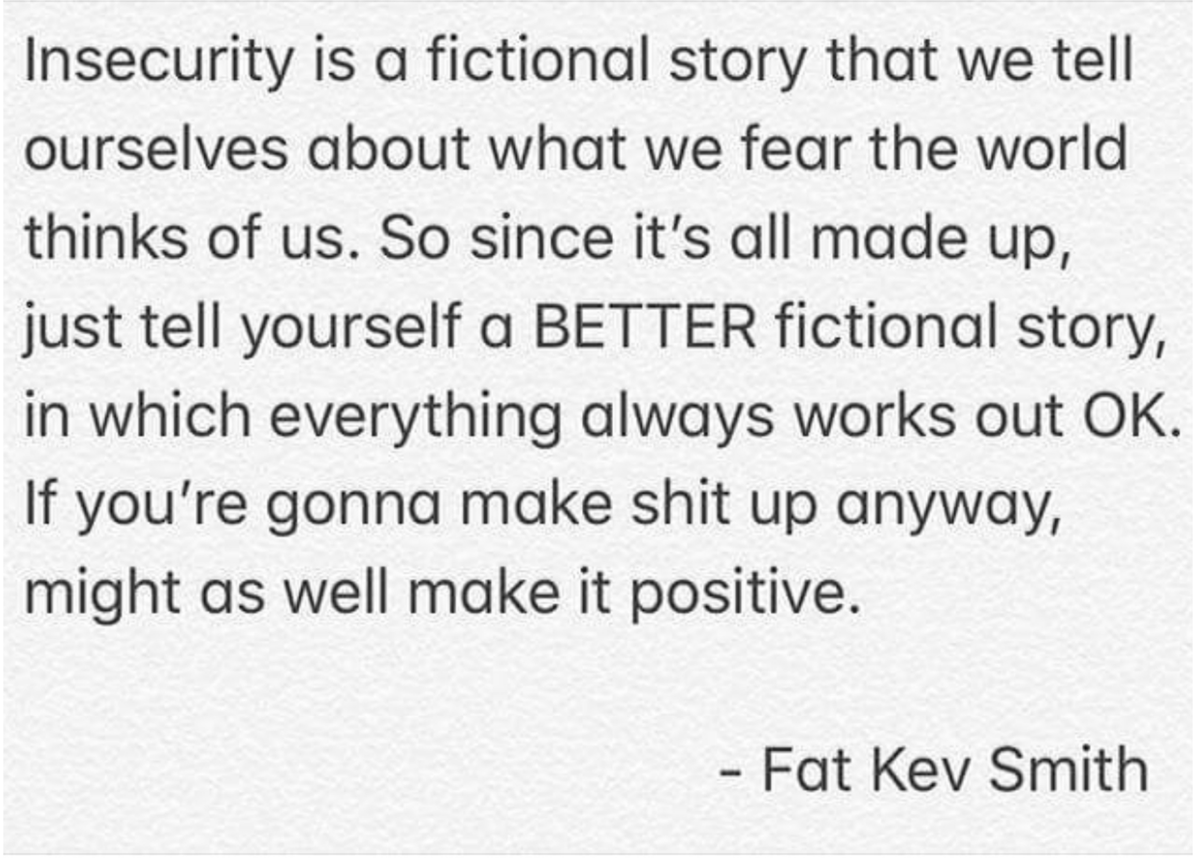
RUBBISH

"I'm **too afraid** to talk about something for fear of being shamed by someone else.

I feel like I **am a contribution** anything of value"

Kevin Smith
41 mins ·

TChandler asked me on Twitter “as a creative, how do you let go of your insecurities?” This was my response. It’s a life hack that’ll work for anybody. #KevinSmith



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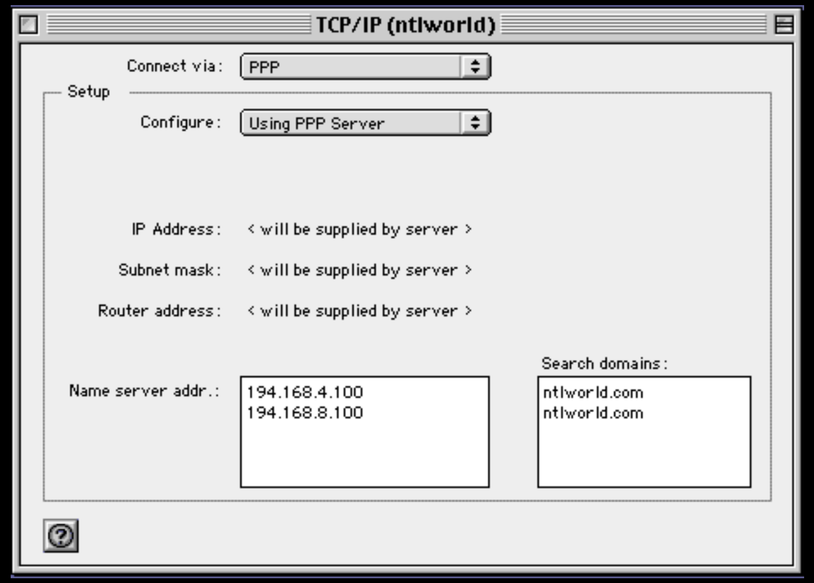
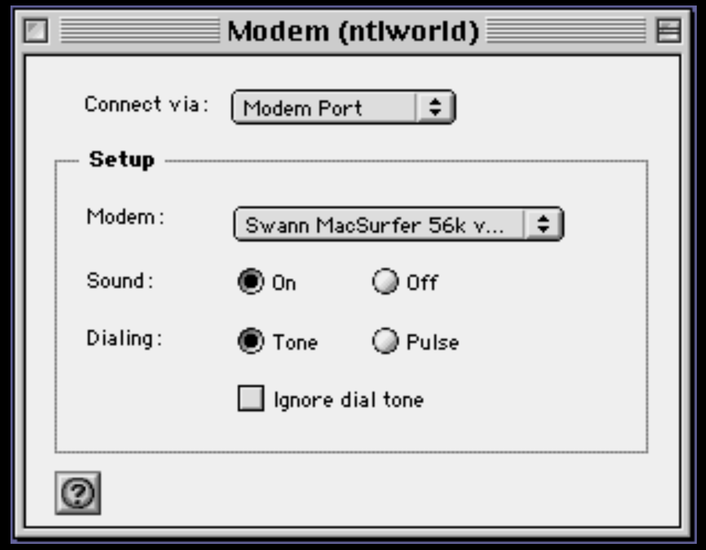
I must not fail

I feel like a fake

I just got lucky


TCP/IP (ntlworld)
Connect via: PPP
Setup
Configure: Using PPP Server
IP Address: < will be supplied by server >
Subnet mask: < will be supplied by server >
Router address: < will be supplied by server >
Search domains:
Name server addr.: 194.168.4.100
194.168.8.100
ntlworld.com
ntlworld.com


Modem (ntlworld)
Connect via: Modem Port
Setup
Modem: Swann MacSurfer 56k v...
Sound: On Off
Dialing: Tone Pulse
Ignore dial tone

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AFP548.com

Changing the world one server at a time.

Welcome to AFP548
Friday, January 06 2006 @ 06:12 PM CST

AFP548.com at MacWorld: SF

Friday, January 06 2006 @ 07:30 AM CST
Contributed by: macshome
Views: 80

The AFP548.com staff will be hard at work at the MacWorld IT conference next week. As usual we will not only be reporting on any server related news, but teaching all week long at the MacIT Conference as well. This event has continued to get better every year and this year should be no exception.

With literally *some* of our readers there we hope to be able to meet a few in person.

Read on to see where you can find us.

read more (114 words) 0 comments
Post a comment

Document Management in the Fresh Air

Tuesday, January 03 2006 @ 02:54 PM CST
Contributed by: MacTroll
Views: 461

Installing Alfresco to create workflows and manage your documents

Alfresco is a fun open source project that I've been playing around with lately. It's similar to EMC's Documentum, which if you've never played with allows you to create workflows for documents. It's billed as a "content management solution" but that term is very overloaded with all the web CMS systems out there. For those of you still confused, it allows you to manage all of your documents, such as MS Word files and such, and create workflows with them.

For example you could create a workflow that takes a new logo design, requires that a few people sign off on it, then the logo is converted into a PDF and e-mailed to a client. That kind of content management.

The install is easy enough but there are a few things to keep in mind.

read more (301 words) 0 comments
Post a comment

This topic contains 8 replies, has 3 voices, and was last updated by bentoms 11 years, 1 month ago.

Viewing 5 posts - 1 through 5 (of 5 total)

Author	Posts

January 3, 2007 at 2:42 pm #367928

bentoms

Participant

Hi guys got a l'il problem I need some advice on.

I am currently going through the process of binding several Macs to a Test AD environment but have run into an annoying issue.

We don't use the AD Container "Computers" for binding machines to the domain. Instead we have a Container called "Test Computers" within which is 3 folders: Desktops, Laptops & Macs.

No I can get the Macs to bind to the domain & create themselves in Test Computers, but not Test Computers\Macs…

Any ideas?

January 4, 2007 at 9:31 am #367938

BENTOMS

Participant

[quote]You don't have rights to that then.[/quote]

I have full admin rights to the AD Domain. So I should have rights.

The AD Plugin just advises that it cannot find the container.

[quote]The AD plugin shouldn't have any issues with putting accounts way deep into other places.[/quote]

So for CN= should I just put in the container name? i.e. Macs & not something like CN=Test Computers/Macs?

January 5, 2007 at 9:36 am #367948

BENTOMS

Participant

[quote]what's the CN that you're using?[/quote]

The CN that works is the defualt one, CN=Computers.

Which is fine for the test rig, but when this goes live it needs to be in LBTH Computers\Macs, (\ is used to illustrate folder location).

Any ideas how I can create them in LBTH Computers\Macs via the AD Plugin?

The AFP548.com Po... SOUNDCLOUD
The Frogor 45, ...
43:42
▶ 1.5K
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jbrickley on UEFI, 10.13/APFS, and You(r Imaging)
Jordan Wierengo on Using DNS in OS X Server to Block Ads

This topic contains 8 replies, has 3 voices, and was last updated by bentoms 11 years, 1 month ago.

January 3, 2007 at 2:42 pm #367928

bentoms

Participant

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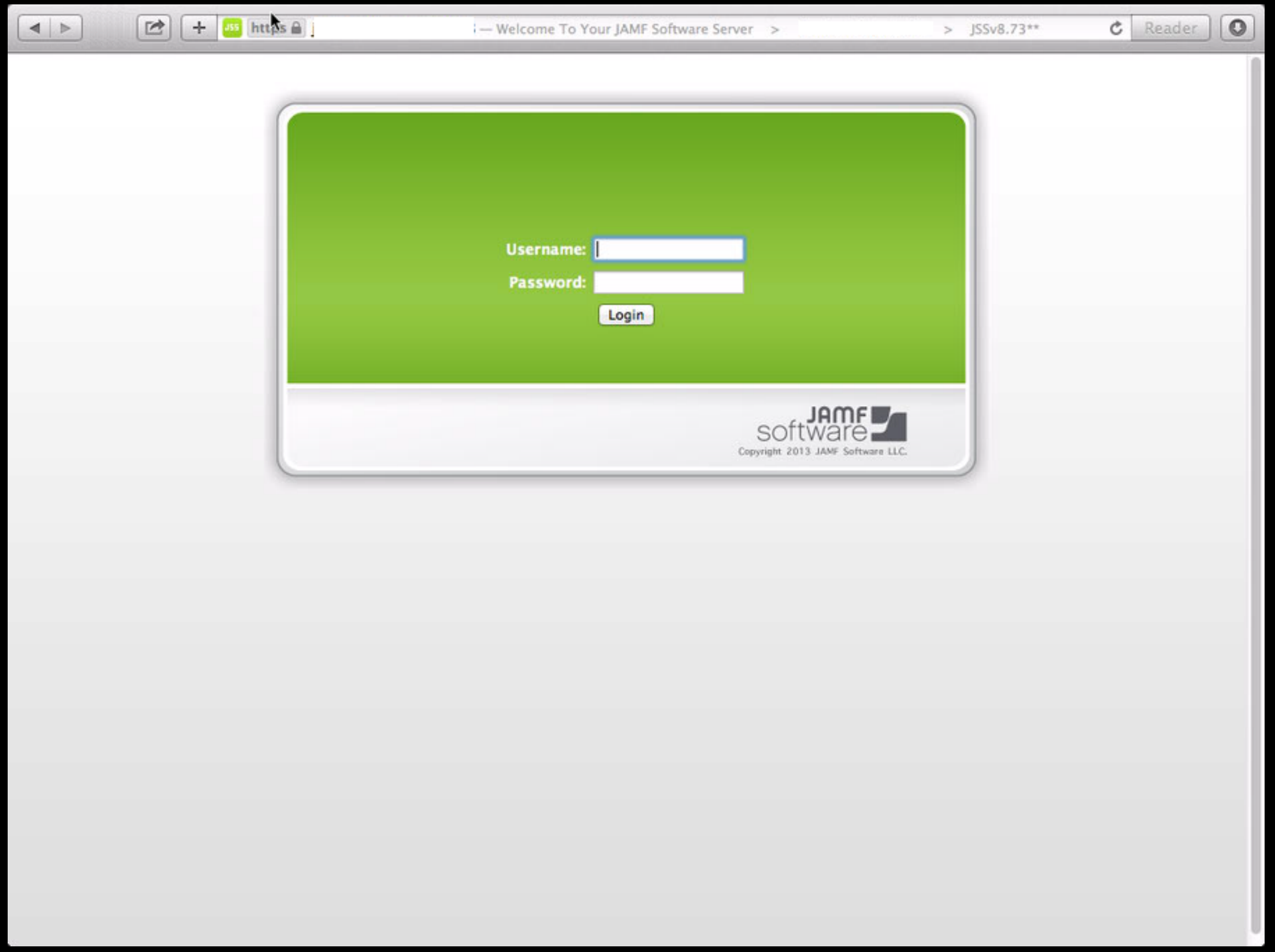
https
— Welcome To Your JAMF Software Server
JSSv8.73**
Reader
Username:
Password:
Login
JAMF software
Copyright 2013 JAMF Software LLC.

Quark 7 install issues

Posted: 16/06/08 at 04:16 by bentoms

Hi Guys,

Hope you can shed some light on a install issue I am having.

I've created a quark install image in composer by creating the before & after snapshots.

The install is for Quark 7.2 PPC, when running the install through Casper it takes about 15 seconds then it says that the install is successful. But nothing is installed!

The install CD is universal binary but the snapshot is taken from a PPC mac, which is why I specified the build as PPC. I have disabled our AV on the Macs I have tested this with (our AV is Symantec Corporate Edition). All Macs are running 10.4.11.

Any ideas?

Regards,

Ben Toms

IT Support Analyst

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0 Likes **2 Comments**

DISABLING SAFARI'S 5.0.X'S POP-UP BLOCKER FROM TERMINAL

> **UPDATE:** For Safari 5.1.+ see http://macmule.com/2012/07/31/disabling-safari-5-1-xs-6-xs-pop-up-blocker-from-terminal-2/

To disable Safari's Pop-Up blocker for the currently logged in user, run the following:

Via Bash:

```
defaults write com.apple.Safari WebKitJavaScriptCa
```

web.archive.org/web/20170919202605/http://www.macenterprise.org/

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Welcome to MacEnterprise.org

The MacEnterprise project is a community of IT professionals sharing information and solutions to support Macs in an enterprise. We collaborate on the deployment, management, and integration of Mac OS X client and server computers into multi-platform computing environments. We welcome your participation through suggestions, comments or contributions.

The mailing list community details can be found here.

You can contact the Steering Committee directly at **info@macenterprise.org**

Recent Announcements

MacEnterprise Proposal With the future of MacEnterprise now in the hands of its community, one member has come forth with a proposal for consideration.Steve Howe has submitted this document for review ...
Posted Dec 13, 2010, 7:21 AM by lance.ogletree@macenterprise.org

Future of Macenterprise.org To the MacEnterprise.org community,MacEnterprise is a 501c3 organization; however, due to a lack of time and resources the current members of the steering committee are unable to take ...
Posted Aug 3, 2010, 5:19 AM by Philip Rinehart

Apple Inc. Employment Opportunity **Company**: Apple Inc.**Location**: Cupertino, CA**Job Title**: Systems Engineer**Description**: Immediate Apple Enterprise Professional Services opportunity in Tucson, Arizona for a Mac OS X IT consultant with a minimum ...
Posted Apr 2, 2010, 6:35 PM by Greg Neagle

SARCOM/Apple Event in LA On March 9, 2010, SARCOM is hosting an "Apple Solutions for Enterprise" event in Beverly Hills, CA, and has invited the MacEnterprise community.Click here for more info.RSVP here
Posted Feb 17, 2010, 11:34 AM by Greg Neagle

Macworld SF 2010 MacIT conference slides Here are slides from the MacIT conference at Macworld 2010. We hope to add more in the future!
Posted Feb 17, 2010, 10:11 AM by Greg Neagle

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Recent Articles

Pharmaceutical Informatics on Mac OS X Chris Swain has written a review of the products available from Dotmatics, a scientific informatics company. Find it here.
Posted May 17, 2010, 2:12 PM by Greg Neagle

Prepare Your Enterprise for the iPad Rich Mogull has an article on preparing your enterprise for the iPad here:http://db.tidbits.com/article/10972
Posted Feb 3, 2010, 8:18 AM by Greg Neagle

Integrating Novell eDirectory with 10.6 / 10.5 Joe Jenkins, Network Engineer for Davis Tool, Inc. has put together an updated document on Integrating Novell eDirectory with 10.6 / 10.5. This includes a guide on how to ...
Posted Jan 8, 2010, 8:10 AM by Greg Neagle

Integrating Google Apps with Open Directory More and more organizations are using Google's services for email, calendaring, and collaboration. For an organization that hosts some services internally (network logins to workstations, file sharing, and the ...
Posted Nov 2, 2009, 8:23 AM by Greg Neagle

Using NetInstall to upgrade machines to Snow Leopard Peter Bukowinski has posted a great step-by-step guide to creating a NetInstall image you can use to upgrade Tiger or Leopard machines to Snow Leopard.Find it here ...
Posted Oct 13, 2009, 2:21 PM by Greg Neagle

The Luggage Joe Block has made his packaging tool for OS X -- The Luggage -- available.He writes:Packagemaker.app makes it nearly impossible to have someone review the changes you've made ...
Posted Oct 12, 2009, 8:51 AM by Greg Neagle

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	who do I have to bribe to get my recipes repo listed under the official autopkg?	6:08 am
macmule	[d__d]: hi	6:42 am
	[d__d]: ping	6:43 am
[d__d]	Are you in need of my services, macmule?	6:43 am
macmule	[d__d]: seen franton?	6:43 am
[d__d]	Yes, I saw franton 8 hours ago.	6:43 am
	franton said: "adamcodega: that site is evil genius"	6:43 am
macmule	[d__d]: help	6:44 am
[d__d]	Available plugins: logger, ping, last_seen, help, bangmotivate (https://botbot.me/freenode/osx-server/help/)	6:44 am
macmule	!m [d__d]	6:44 am
[d__d]	You're doing good work, [d__d]!	6:44 am
macmule	[d__d]: seen nick nickander?	7:08 am
[d__d]	Sorry, I haven't seen nick.	7:08 am
tjm_jimmy	Hi All.	7:56 am
macmule	tjm_jimmy: morning.	8:02 am
makab3r	Good morning!	8:04 am
tjm_jimmy	macmule: How are you Sir?	8:04 am
sebnash	morning/afternoon/evening	8:04 am
macmule	tjm_jimmy: sir's my dad.	8:06 am
tjm_jimmy	macmule: Is he knighted?	8:07 am
macmule	tjm_jimmy: haha. Nope.	8:09 am
nbalonso	gosh microsoft http://blogs.technet.com/b/srd/archive/2014/11/...	8:13 am
	this is what happens when you criticize too much open source products	8:14 am
macmule	nbalonso: thanks. Sent off to our guys here. We may have 20 or so vuln DC's.	8:17 am
mwohlgemuth	hi there	8:26 am
macmule	Howdy.	8:52 am
makab3r	Trying imaging without laying down a base build. This will be interesting.	9:27 am

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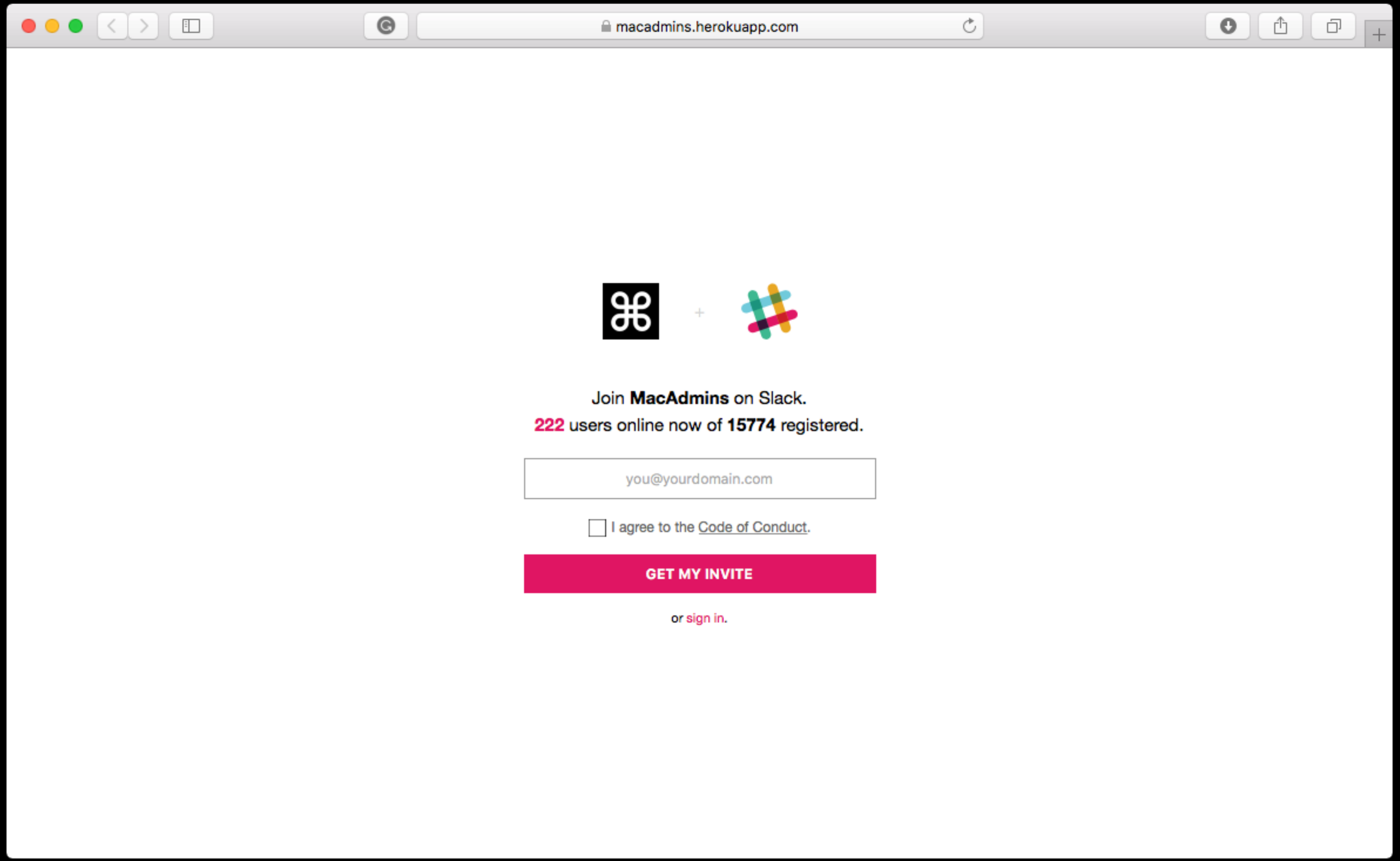
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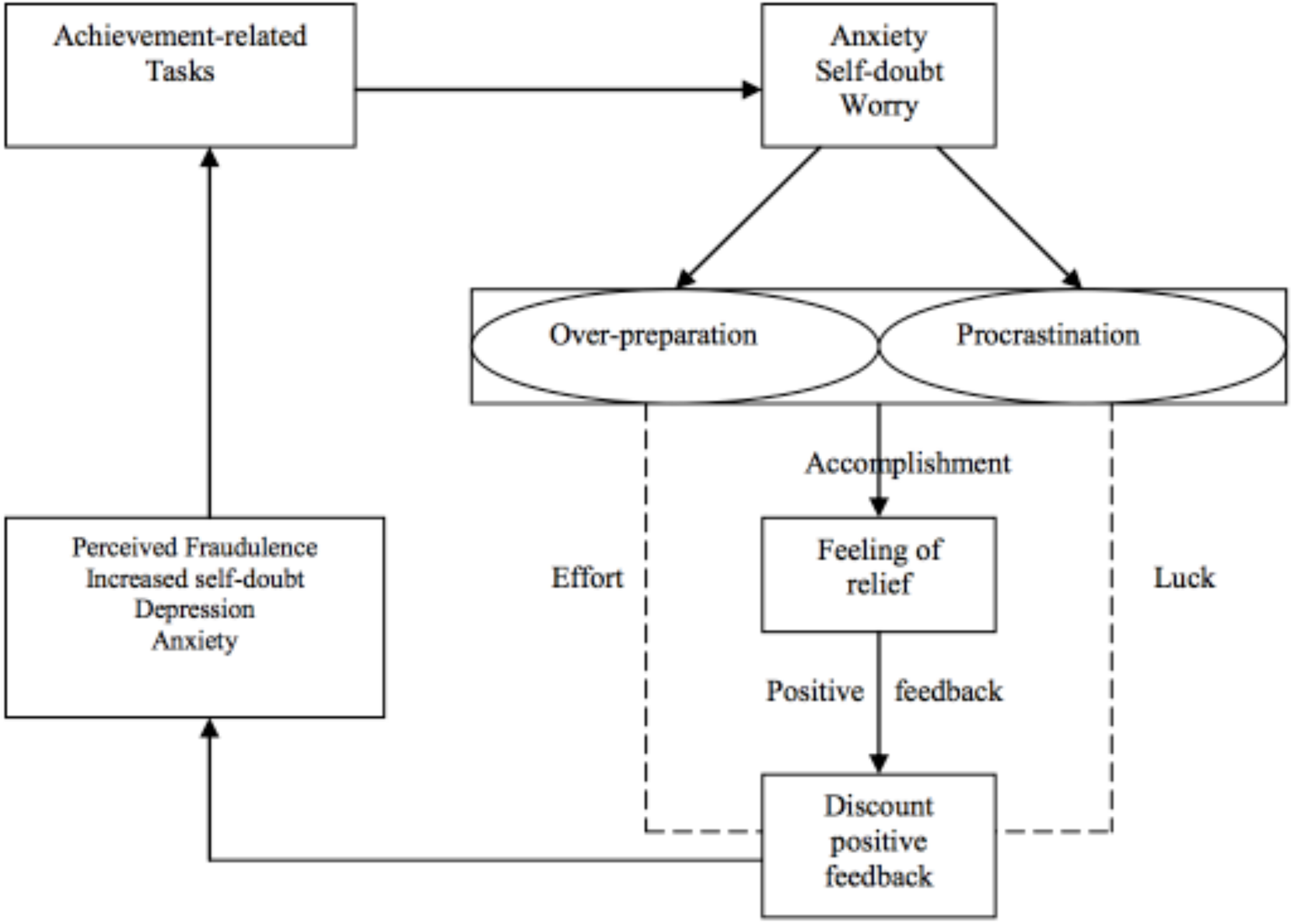
I feel like a fake

I just got lucky

References

- **Your body language may shape who you are**
  (https://tinyurl.com/owqa2ty)
- **The Power of Vulnerability**
  (https://tinyurl.com/k5y5k2d)
- **Listening to Shame**
  (https://tinyurl.com/ngtbqqp)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Over-preparation
Procrastination
Accomplishment
Effort
Feeling of relief
Luck
Perceived Fraudulence Increased self-doubt Depression Anxiety
Positive feedback
Discount positive feedback

if you have a question, never, ever, be afraid to ask it;

If you have an opinion, never ever be afraid to voice it;

If you need help, never be afraid to seek it out;

Do engage in community discussions;

Never be afraid to fail.

BE EXCELLENT TO EACH OTHER

M
amf